



KAISER PERMANENTE MEDICARE PROGRAM

County of Sonoma

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Agenda

- Kaiser Permanente Senior Advantage plan description
- What tools are available to help me manage my cost?
- How can I better manage my health?
- Microsite: my.kp.org/sonomacounty

Star Ratings: Kaiser Permanente Performance

California



- Kaiser Permanente is the highest rated Medicare Advantage plan in California.
- The Medicare Star Rating System rates Medicare health plans based on major categories that include:
 - Preventive Care
 - Chronic Care
 - Prescription Drug Services
 - Customer Service
 - Member Satisfaction

Resources for Health Affordability and Convenience

- Preventive care services
- Email your doctor
- Video and phone appointments with your doctor
- 24/7 advice nurse line
- Global emergent and urgent care coverage
- In person and online health and wellness classes
- Wellness coaching

Access Care Where You Want It

Santa Rosa – Petaluma – Novato – San Rafael – Napa

U Urgent Care **E** Emergency Care **P** Pharmacy

Novato Medical Offices

97 San Marin Drive
Novato, CA 94945

P

Petaluma Medical Offices

3900 Lakeville Hwy.
Petaluma, CA 94954

U P

Rohnert Park Medical Offices

5900 State Farm Drive
Rohnert Park, CA 94928

P

San Francisco Medical Center

2425 Geary Blvd.
San Francisco, CA 94115

U E P

San Rafael Medical Center

99 Montecillo Road
San Rafael, CA 94903

U E P

Downtown San Rafael Medical Offices

1033 3rd St.
San Rafael, CA 94901

P

Santa Rosa Medical Center

401 Bicentennial Way
Santa Rosa, CA 95403

U E P

Santa Rosa Richard Stein Medical Offices

3925 and 3975
Old Redwood Hwy.
Santa Rosa, CA 95403

P

■ Medical Center **●** Medical Office




2016 Senior Advantage Plan Summary

Benefit	Cost
Primary Care Visit	\$10
Specialist Visit	\$10
Preventive Care Visit	\$0
Outpatient Surgery	\$10
Hospitalization	\$0
Emergency Room Visit	\$50
Ambulance Service	\$50
Durable Medical Equipment	20% Coinsurance
Home Health Services	\$0
Eyeglass or Contact Lenses	\$150 allowance / 24 months

Preventive Care Services

Prevention has always been an essential part of Kaiser Permanente's care philosophy. It's about staying healthy and preventing illness. Most preventive care services at no cost to you, even before you reach your deductible. Examples include:



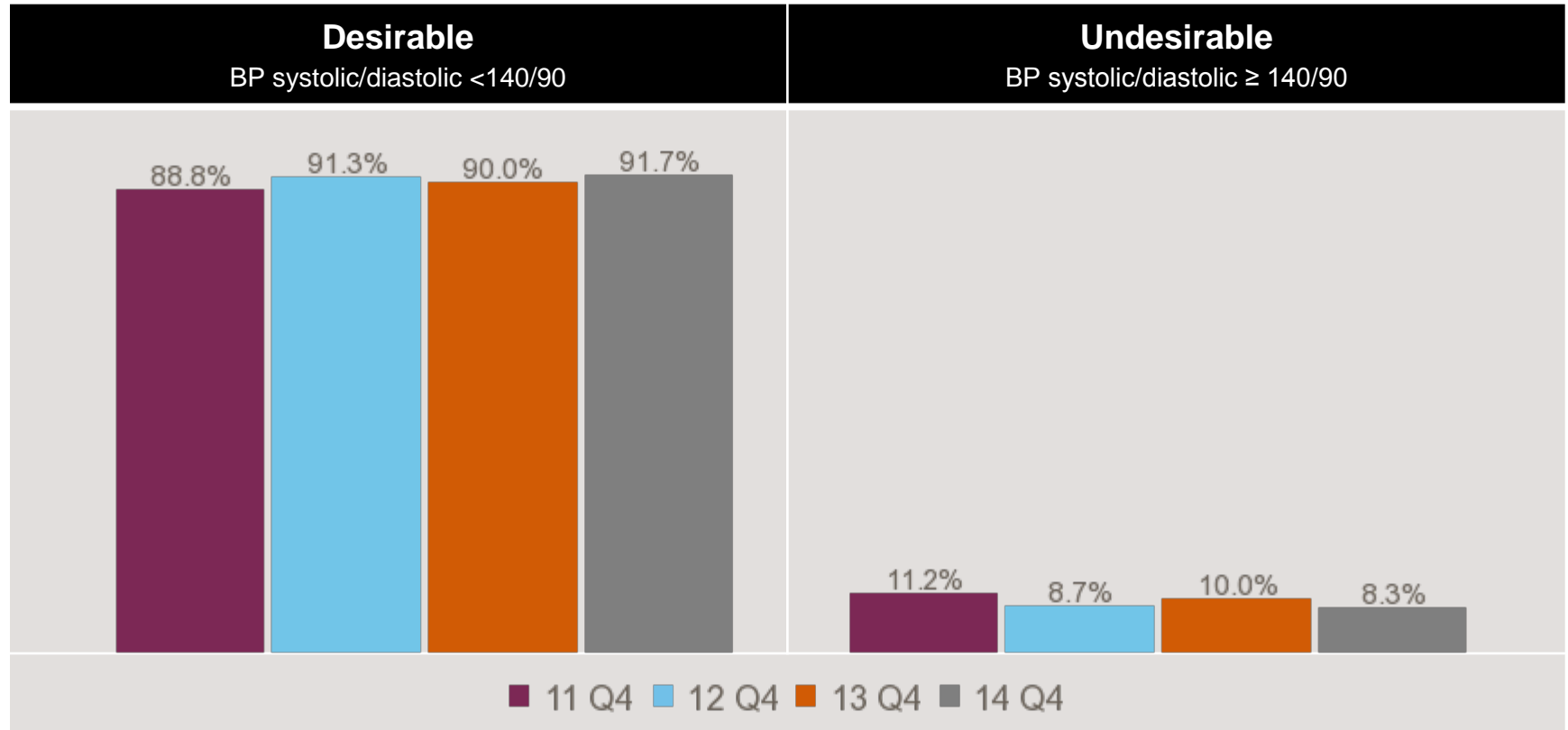
Some examples
of preventive
care include

- cervical cancer screenings
- cholesterol screenings
- colon cancer screenings
- diabetes screenings
- immunizations
- mammogram screenings
- prenatal care visits
- preventive annual exams
- prostate cancer screenings
- well-child visits
- routine eye exams
- routine hearing screenings
- annual wellness exams

Your results: blood pressure

91.8%

of your member population
was measured in the last 12
months

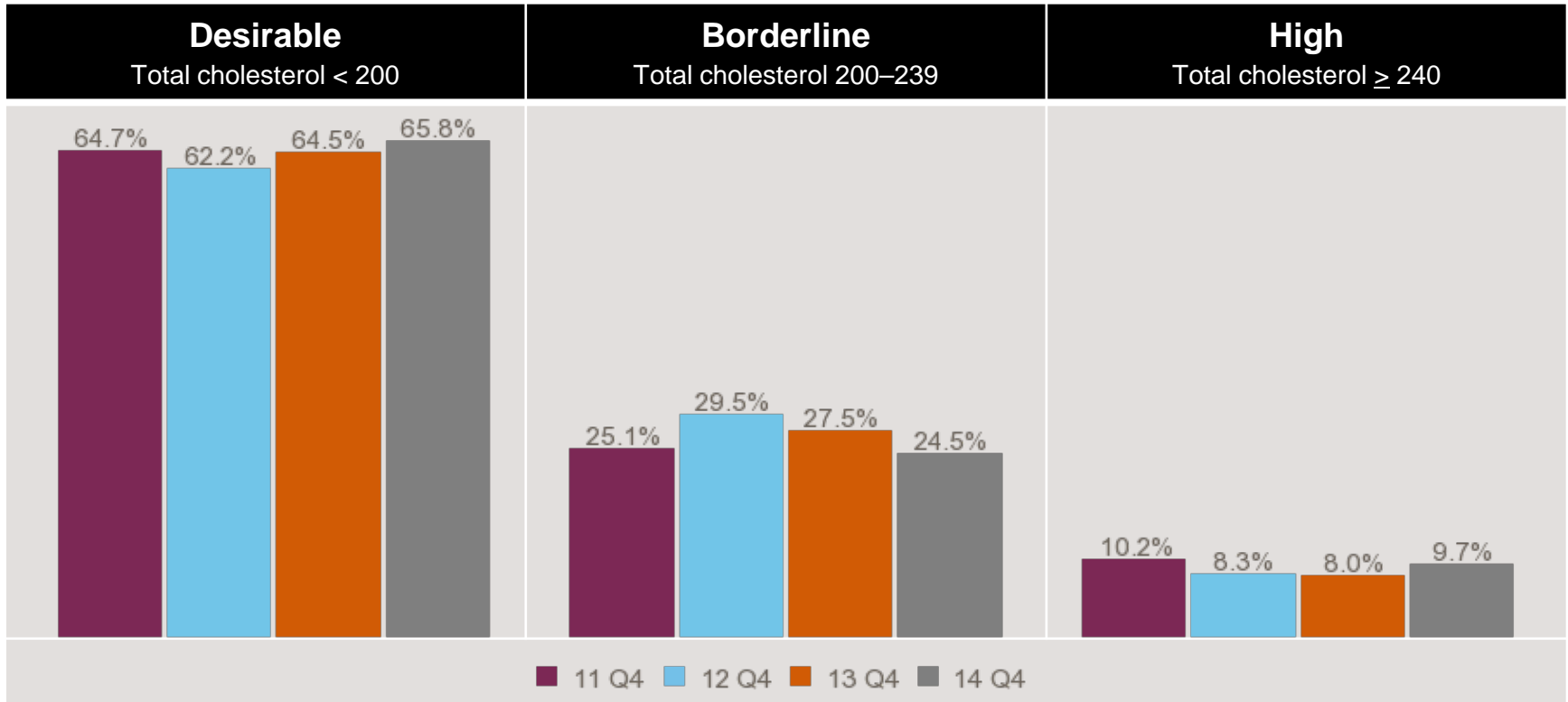


The percentage of members ages 18 to 85 who came to a doctor during the measurement period and had a blood pressure reading. The customer values will be displayed as 0% if the eligible member population for the metric is less than 30.

Your results: cholesterol

90.6%

of your member population was
measured for cholesterol in the last 5
years



**34.2% of your 2011 Q4 member population has
borderline to high total cholesterol**

Total percentage of members ages 18 to 75.

Components of total cholesterol include LDL, HDL, and triglycerides.

The customer values will be displayed as 0% if the eligible member population for the metric is less than 30.

Healthy Lifestyle Programs and Discounts

Kaiser Permanente encourages you to live healthy and thrive. Get active and take control of your health.

Health classes at nearby Kaiser Permanente facilities offer group support. (Some classes may require a fee.)

On line or in person Healthy lifestyle programs help you:

- Lose weight
- Eat healthy
- Manage diabetes
- Reduce stress
- Quit smoking
- Live with ongoing conditions
- Reduce pain
- Manage depression
- Get a good night's sleep

Discounts on additional health care services give you more options.

- Acupuncture
- Chiropractic
- Massage therapy

Closing Thoughts

Kaiser Permanente is dedicated to providing:

- Doctors, insurance, hospitals working together
- Convenient access
- Technology to improve access, help you manage your care
- Coordination between:
 - Primary Care Doctor
 - Physician Specialists
 - Pharmacy